

APRIL 2019 Needed Items List

ACCEPTING NEW
& GENTLY USED ITEMS

anova

Reducing costs through donations from the public helps ensure our essential services continue to be free to those we serve. **Thank you!**

Shelter Residents Needs

- ****Chocolate Easter Bunnies**
- ****Bus tickets (adult)**
- Batteries (AAA, C, D, 9V0)
- ****Paper Towels**
- ****Reusable Water Bottles**
- ****Band-Aids**
- Pads & tampons (all sizes)
- ****Conditioner (full size bottles)**

Infant & Toddler Needs

- ****New Easter stuffed toys for children**
- ****Diapers (size 5 & 6)**
- Bottles and bottle brushes
- Baby bibs – new
- Diaper cream
- Tearless shampoo & conditioner
- Tearless body wash
- Children's Toothpaste

Food & Shelter Kitchen Needs

- Baby fruits & juices
- ****Tea & hot chocolate**
- ****Coffee & coffee whitener**
- ****Cereals**, crackers, granola bars
- Yogurts and puddings
- ****School snacks & drink boxes**
- Vegetable/beef/chicken broths & stock
- Canned vegetables, beans, fruits & soups
- ****Bowls & cups**
- ****Ziploc sandwich & snack bags**
- ****Spoons, forks & can openers**
- Dish soap, laundry soap & hand soap
- ****New electric frying pans & skilletts**
- ****Aprons, tea towels & dish cloths**

Gift Cards

****Grocery Stores**, White Oaks Mall, Wal-Mart, Movie Theaters, Shoppers Drug Mart, Domino's Pizza, Sub Way, Tim Horton's, Dollarama, Hair Salons, Chapters, Canadian Tire and Winners.

**** urgently needed items**

Donation Drop-off Location

Our shelters are open 24/7, and donations are best accepted between (Monday to Friday) at our Wellington Shelter, located at **101 Wellington Road**. Please bag or box your donated items.

Questions please contact **Pamela Coray** at **519-642-3003 x 2252** or **pamelac@anovafuture.org**.

THANKS FOR YOUR SUPPORT!

**We Can Help. Call the 24-Hour Crisis & Support Line
519-642-3000 or 1-800-265-1576**

Anova – formerly Women's Community House and Sexual Assault Centre London
519-642-3003 | www.anovafuture.org | 255 Horton St, 3rd Floor, London, ON N6B 1L1

Upcoming Events

IN SUPPORT OF ANOVA

9th Annual Wine, Dine & Showtime – Friday, May 3rd

Anova and Harrison Pensa present, **“Come Together” to eradicate sexual violence!**

Join the hippest of hosts **103.1 Fresh Radio’s Kim Woodbridge** and the incomparable **Layne, the Auctionista** as they direct you back to the garden for some outta’ sight grub, some happening hippie juice, a boss live auction, a neat silent auction, an unreal all star band (The Sheatles), way out dancing and so much more you’ll never wanna’ split! Join us at the Best Western Plus Lamplighter Hotel in the nifty Crystal Ballroom. All the scratch goes towards Sexual Assault Services at Anova, formerly Women’s Community House and Sexual Assault Centre London.

Buy tickets:

Online directly at <https://wdstickets.eventbrite.ca> – hurry tickets going fast!

By Phone contact Pamela Coray, **519-642-3003 x 2252**

In Person at 255 Horton St, 3rd Floor, London, ON, N6B 1L1 (ask for Pamela Coray)

Grand House Party – Friday, June 21st

Prepare yourself for a power packed 20-song two-hour retrospective spanning three decades of Billboard’s top picks from across the pond that have stood the test of time, because . . . **The British are coming! Grand House Party 17 BRITISH INVASION** features the music of the Beatles, Rolling Stones, Moody Blues, Tears for Fears, Bee Gees, Gerry & the Pacemakers, Cat Stevens and many more from the 60’s to the 80’s. Joining **Jean Meilleur** on stage is multi-Grammy award winner special guest artist **David Blamires**, plus House Party fan favorites **Katlin Kiss** and **Rique Franks**.

Buy tickets: Online directly at www.grandtheatre.com/event/grand-house-party-17



Funds are needed to provide shelter and support to women and their children trying to create lives free of violence. Your financial donation will help to make a difference in their lives.

I am enclosing \$ _____ cheque payable to Anova

Mastercard VISA Card No. _____ EXP. _____

American Express Diners Club

Name on Card _____

NAME: _____ SIGNATURE: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

I would like to learn about ANOVA’s monthly donation program. **THANKS FOR YOUR SUPPORT!**

Mailing address: Anova 255 Horton St, 3rd Floor, London, Ontario, N6B 1L1 519-642-3003