

March 2019 Needed Items List

ACCEPTING NEW
& GENTLY USED ITEMS

anova

Reducing costs through donations from the public helps ensure our essential services continue to be free to those we serve. **Thank you!**

Shelter Residents Needs

- **Bus tickets (adult)
- **Batteries (AAA, C, D, 9V0)
- Paper Towels
- Laundry Soap (liquid)
- **Hair brushes, combs & conditioner
- **Phone Chargers
- Pads & tampons (all sizes)
- 2019 Calendars & day planners

Infant & Toddler Needs

- **Diapers (size 6)
- **Bottles and bottle brushes
- Baby bibs – new
- Diaper cream
- **Tearless shampoo & conditioner
- Tearless body wash
- **Children's Toothpaste

Food & Shelter Kitchen Needs

- Baby fruits & juices
- Tea & hot chocolate
- Coffee & coffee whitener
- **Cereals, crackers, granola bars
- Yogurts and puddings
- **School snacks & drink boxes
- Vegetable/beef/chicken broths & stock
- Canned vegetables, beans, fruits & soups
- **Bowls & cups
- Ziploc bags & paper towels
- **Spoons, forks & can openers
- Dish soap, laundry soap & hand soap
- **New electric frying pans & flat grills
- **Aprons, tea towels & dish cloths

Gift Cards

**Grocery Stores, White Oaks Mall, Wal-Mart, Movie Theaters, Shoppers Drug Mart, **Domino's Pizza, Sub Way, Tim Horton's, Dollarama, Hair Salons, Chapters, and Winners.

** urgently needed items

Donation Drop-off Location

Our shelters are open 24/7, and donations are best accepted between (Monday to Friday) at our Wellington Shelter, located at **101 Wellington Road**. Please bag or box your donated items.

Questions please contact **Pamela Coray** at **519-642-3003 x 2252** or **pamelac@anovafuture.org**.

THANKS FOR YOUR SUPPORT!

**We Can Help. Call the 24-Hour Crisis & Support Line
519-642-3000 or 1-800-265-1576**

**Anova – formerly Women's Community House and Sexual Assault Centre London
519-642-3003 | www.anovafuture.org | 255 Horton St, 3rd Floor, London, ON N6B 1L1**

Upcoming Events

IN SUPPORT OF ANOVA

Mine101

Look Good. Do Good.

900 Oxford Street, London, ON, N5Y 5A1 • 519-453-5550



Mine101 is a hip modern social enterprise store that offers a fresh approach to shopping for designer gently used and new clothing, shoes and accessories. Come visit us and save on your fashions! *Proceeds from Mine101 support Anova's children's programs and services.*

8 Year Anniversary
March 28



Fashion show and
shopping party!
25%* off all items

**on select items, see store for details.*



Funds are needed to provide shelter and support to women and their children trying to create lives free of violence. Your financial donation will help to make a difference in their lives.

I am enclosing \$ _____ cheque payable to Anova

Mastercard VISA

Card No. _____ EXP. _____

American Express Diners Club

Name on Card _____

NAME: _____ SIGNATURE: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

I would like to learn about ANOVA's monthly donation program. **THANKS FOR YOUR SUPPORT!**

Mailing address: Anova 255 Horton St, 3rd Floor, London, Ontario, N6B 1L1 519-642-3003