



October 2018 Needed Items List

ACCEPTING NEW & GENTLY USED ITEMS

anova

Reducing costs through donations from the public helps ensure our essential services continue to be free to those we serve. **Thank you!**

Shelter Residents Needs

- *Bus tickets (adult)
- Batteries (AAA, C & D)
- *Razors
- *Hair brushes
- Deodorant
- New women's slippers (all sizes)
- *Shampoo & conditioner
- *Lotion & body wash

Infant & Toddler Needs

- *Baby lotion
- *Bottles and bottle brushes
- Baby bibs – new
- *Diaper cream
- Crib sheets
- Baby monitors
- Tearless shampoo & conditioner
- Tearless body wash

Food & Shelter Kitchen Needs

- *Baby fruits & juices
- *Herbal tea & hot chocolate
- *Coffee & coffee whitener
- *Cereals, crackers, granola bars
- *Yogurts and puddings
- *School snacks & drink boxes
- Vegetable/beef/chicken broths & stock
- Canned vegetables, beans, fruits & soups
- Olive/canola oil, vinegar, sugar & salt
- Ziploc bags & paper towels
- *Spoons, forks & can openers
- Dish soap, laundry soap & hand soap
- *New electric frying pans & flat grills
- *Aprons, tea towels & dish cloths

Gift Cards

*Grocery Stores, White Oaks Mall, Wal-Mart, Movie Theaters, Shoppers Drug Mart, Sub Way, Domino's Pizza, Tim Horton's, Dollarama, Hair Salons, Chapters, and Winners.

* urgently needed items

Donation Drop-off Location

Our shelters are open 24/7, and donations are best accepted between (Monday to Friday) at our Wellington Shelter, located at **101 Wellington Road**. Please bag or box your donated items.

Questions please contact **Pamela Coray** at **519-642-3003 x 2252** or **pamelac@anovafuture.org**.

THANKS FOR YOUR SUPPORT!

**We Can Help. Call the 24-Hour Crisis & Support Line
519-642-3000 or 1-800-265-1576**

Anova – formerly Women's Community House and Sexual Assault Centre London
519-642-3003 | www.anovafuture.org | 255 Horton St, 3rd Floor, London, ON N6B 1L1

Upcoming Events

IN SUPPORT OF ANOVA

Mine101

Look Good. Do Good.

900 Oxford Street, London, ON, N5Y 5A1 • 519-453-5550



Mine101 is a hip modern social enterprise store that offers a fresh approach to shopping for gently used and new clothing, shoes and accessories. Come visit us and save on your fall fashions! *Proceeds from Mine101 support Anova's children's programs and services.*

Thank You London
October 11-14



Keep your toes cozy,
dry and stylish!
25%* off Shoes & Boots

Make a run for it...
October 25-28



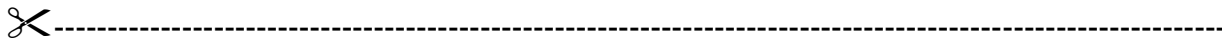
We have your head to
toe active wears!
25%* off Active Wear

Fall into Fashion
November 15



Fashion show and
shopping party!
25%* off all items

**on select items, see store for details.*



Funds are needed to provide shelter and support to women and their children trying to create lives free of violence. Your financial donation will help to make a difference in their lives.

I am enclosing \$ _____ cheque payable to Anova

Mastercard VISA

American Express Diners Club

Card No. _____ EXP. _____

Name on Card _____

NAME: _____ SIGNATURE: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

I would like to learn about ANOVA's monthly donation program. **THANKS FOR YOUR SUPPORT!**

Mailing address: Anova 255 Horton St, 3rd Floor, London, Ontario, N6B 1L1 519-642-3003