



February 2018 – Needed Items List

ACCEPTING NEW AND GENTLY USED ITEMS

Reducing costs through donations from the public helps ensure our essential services continue to be free to those we serve. **Thank you!**

Shelter Needs



- Women’s (small) underwear – new
- Women’s (small) pajamas – new
- School Backpacks
- Baby monitors – new
- Baby care (lotion, shampoo, diaper cream)



- Feminine hygiene products – new
- Bus tickets (Adults)
- Toilet paper, paper towels, tissue boxes
- 2018 Day Planners/Calendars

Gift Cards



White Oaks Mall, Wal-Mart, Movie Theaters, Shoppers Drug Mart, Sub Way, Domino’s Pizza, Dollarama, Hair Salons, Chapters, Tim Horton’s, and Winners.

Food Needs

- Coffee, tea & hot chocolate
- School lunch snacks
- Juice boxes
- Cake mixes & cake icing
- Pasta sauce & pasta noodles
- Vegetable/beef/chicken broths & stock
- Cereal, crackers, granola bars
- Canned vegetables, beans, fruits
- Olive/canola oil



Shelter Kitchen Needs

- Electric pans
- Rice cookers
- Soup & cereal bowls
- Dish towels
- Electric Kettles (auto shut-off)
- Serving utensils (tongs, spoons, spatulas)
- Grocery gift cards



Donation Drop-off Location

Donations are best accepted between (Monday to Friday) at our Wellington Shelter, located at **101 Wellington Road**. Please bag or box your donated items.

THANKS FOR YOUR SUPPORT!

**If You Are Abused, We Can Help. Call the 24-Hour Helpline
519-642-3000 or 1-800-265-1576**

Upcoming Events

IN SUPPORT OF ANOVA

8th Annual Wine Dine Showtime Gala – May 4, 2018

Carousel Room, Western Fair District (5:30pm-1am)

Early Bird Tickets \$80 until March 1st

Anchors Aweigh – We're sailing into 2018 with a sunset cruise ship theme, and **throwing sexual violence overboard!** Enjoy cocktails at 5:30pm, followed by a delicious dinner, dancing, live and silent auction, games and live entertainment - plus a few more surprises!

For more information contact Chantelle at 519-642-3003 x 2223 or chantelle@anovafuture.org
Get your boarding pass now! Tickets available on Eventbrite.

16th Annual Grand House Party – June 22, 2018

Grand Theatre (8pm-10pm)

Tickets \$50 on sale NOW!

“Rock, Pop and Super Hits!” will feature the music of Supertramp, Bruno Mars, Aretha, Adele, Carole King and much more! You'll hear two-hours of music – from your vintage favourites right up to today's top 40 hits. Music by Jean Meilleur, the GHP Orchestra, London's own Andrea Koziol and special guest artist – the multi-talented Aaron MacDonald. **Don't miss this one!**

For tickets call Pamela at 519-642-3003 x 2252



Funds are needed to provide shelter and support to women and their children trying to create lives free of violence. Your financial donation will help to make a difference in their lives.

I am enclosing \$ _____ cheque payable to Anova

Mastercard VISA Card No. _____ EXP. _____

American Express Diners Club
Name on Card _____

NAME: _____ SIGNATURE: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

I would like to learn about ANOVA's monthly donation program. **THANKS FOR YOUR SUPPORT!**

Mailing address: Anova 255 Horton Street • London • Ontario • N6B 1L1