



a future without violence.

Reducing costs through donations from the public helps ensure our essential services continue to be free to those we serve. Thank you!



NEEDED ITEMS FOR OCTOBER

Urgent Needs

- Paper Towels
- Laundry Soap
- Bus Tickets (Adults)
- Brushes & Combs
- Cereal
- Baby Monitors

Shelter Needs

- Coffee
- Sandwich/Snack Bags
- Children Tear-Free Shampoo
- Women's New Underwear (size Small and Medium)
- Women's New Slippers (all sizes)
- Bell Mobility Prepaid Cards
- Children's New Underwear (all sizes)
- Calendars and Day Planners
- Seasonal clothing

Donation Drop-off Location:

Donations are accepted Monday through Friday at the Anova shelter located at **101 Wellington Road**. To help us protect and store items, please package your donations in plastic bags or containers.

Regrettably, we are unable to use some of the donations received from the community including: bulk garage sale leftovers, large used appliances, and out-of-season clothing.

THANKS FOR YOUR SUPPORT!

**If You Are Abused, We Can Help. Call the 24-Hour Helpline
519-642-3000 or 1-800-265-1576**

MORE WAYS TO SUPPORT ANOVA

Join the Anova team – Become a Volunteer!

Anova has volunteer opportunities at our two shelters, second stage housing and our Horton site. There are so many ways you can help – provide childcare, sort donations, paint an apartment, and many more. If you are interested in becoming a volunteer, please contact **Carolyn, Volunteer Coordinator at 519-642-3003 x 4435.**

Third Party Events

If you and/or your organization, service club, or community group are interested in raising funds to assist Anova, but are not sure where to begin, please contact **Pamela Coray, Development Manager at 519-642-3003 x 2252.**

Importance Notice OUR BUSINESS OFFICE IS MOVING

We are **relocating our Business Office** (only) over to our Horton site as of **Monday, October 16, 2017.**

The business office telephone number and staff extensions will remain the same: 519-642-3003. All of our other service addresses remain the same.

Please update your records and address all future correspondence (*including mail to the executive director and monetary donations*) to:

**Anova
255 Horton St. East
3rd Floor
London, ON N6B 1L1**



Funds are needed to provide shelter and support to women and their children trying to create lives free of violence. Your financial donation will help to make a difference in their lives.

I am enclosing \$ _____ cheque payable to Anova

Mastercard VISA Card No. _____ EXP. _____

American Express Diners Club Name on Card _____

NAME: _____ SIGNATURE: _____

ADDRESS: _____

POSTAL CODE: _____ PHONE: _____

I would like to learn about ANOVA's monthly donation program. **THANKS FOR YOUR SUPPORT!**

Mailing address: Anova 255 Horton Street · London · Ontario · N6B 1L1