



a future without violence.



anova

2016-2017 Annual Report

formerly Women's Community House
and Sexual Assault Centre London

Co-Chairs' Report

The annual report provides us an opportunity to reflect on what we have accomplished and to clarify our vision moving forward. Looking back on the 2016-2017 fiscal year, we have lots of reasons to celebrate.

On June 22, 2016, at a joint board of directors meeting of **Women's Community House (WCH)** and **Sexual Assault Centre London (SACL)**, both boards unanimously agreed to become one organization with the goal of **"making every door the right door"** for the London community.

Women's Community House and Sexual Assault Centre London officially merged on November 1, 2016. After careful consideration and consultations with staff, the unified board chose to name the new organization, **"Anova."**

Drawn from the Latin word for "new," Anova is a fitting name. This new organization combines 40 years of history from each organization. Anova provides all of the services previously offered by SACL and WCH in a manner that strives to be more accessible and helpful to our clients – our executive director, Kate Wiggins, elaborates more about our services in her report.

We would like to extend our appreciation to the staff, volunteers and those with lived experience that guided us in developing programs and services for the new organization.

We celebrated the launch of Anova with a public event in the Labatt Lounge at the Covent Garden Market on March 31, 2017. It was a wonderful celebration with hundreds in attendance and an opportunity to recognize the efforts by all those involved in the unification.

Women's Community House, now Anova, was awarded the **FOCUS 4-year Accreditation** on July 15, 2016.

This accreditation recognizes that our organization is meeting the current professional standards, is committed to providing high quality services, and is engaged in ongoing learning. This is a huge achievement that we are very proud of. Congratulations to everyone involved in this process!

Throughout the unification, we have used the analogy of dating, being engaged and eventually getting married. As with any relationship, there will be bumps along the way as we learn about each other and how to navigate as one. We believe a successful marriage is built with mutual respect and shared beliefs. Here at Anova, we all believe a future without violence is possible.

We predict a long and happy marriage.



Shannon Wilson
Co-Chair,
Board of Directors



Jennifer Noel
Co-Chair,
Board of Directors



SHELTER



ADVOCACY



SUPPORT



EDUCATION

Message from the Executive Director

Here we are as a new organization – **Anova**. We have joined together to bring a new beginning for the London community and to better serve survivors of sexual violence and woman abuse. Grounded in our feminist roots, we value: equality, respect, integrity, connection and accountability. Our vision is an all-inclusive world of shared power where everyone lives freely without fear of violence.

The services we offer are represented by four fundamental pillars:

SHELTER - Peaceful space for women and children to live in safety without fear of violence.

ADVOCACY - Our job is to ensure that the voices of survivors of sexual violence and woman abuse are heard. Through social, political, economic and legal channels, we advocate for the equality of all genders. Everyone's voice plays a vital role in creating a future without violence.

SUPPORT - At Anova, we offer a variety of free and confidential support channels to best serve our local community.

EDUCATION - We recognize that knowledge is power – which is why we aim to educate our community to promote engagement, encourage shifts to healthy relationships, and emphasize the importance of consent. We are continuing to provide: Two emergency short-term shelters, Second Stage housing, counselling and our 24-hour helpline. We are operating out of four sites, so that every door is the right door: Horton, Wellington (Shelter), Clarke (Shelter), and Ernest (Second Stage). We all believe that together we are able to deliver better services for those impacted by woman abuse and sexual violence.

The expected outcomes are:

- Better navigation and increased accessibility – less confusion about where to go for help;
- Increase in public education resulting in greater awareness regarding the impact of woman abuse and sexual violence;
- Broader continuum of services offered to people who experience woman abuse or sexual violence – more service options;
- More people who experience woman abuse or sexual violence are served; and,
- Better services for children impacted by woman abuse or sexual violence.

We are hopeful that through these changes we will create communities of safe spaces filled with compassion, healing, renewal, hope and resilience while advocating for social and political change.

Our social enterprise, **Mine101** (Bellwood Plaza, 900 Oxford St. E.), continues to make us proud and more profitable by offering previously enjoyed classic, funky finds and dazzling women's clothing, jewellery, shoes and handbags at great discounted prices with proceeds going towards Anova's children's programs.

Anova has three fabulous annual signature events to watch out for; **Wine, Dine & Showtime** in May, **Grand House Party** in June and **Walk a Mile in Her Shoes** in September. A special welcome goes out to Jean Meilleur who was hired in June 2016, as our part-time Special Events Coordinator.

What a great day of golf! In August 2016, I participated in UNIFOR's 10th Annual Bob White Charity Classic. A huge thank you to UNIFOR, as this annual golf tournament generously supports our organization. I would like to acknowledge the loss of Bob White, the incredible human whose name was so generously and willingly given for this tournament.

Thanks to all of our donors, your generosity continues to be a large part of the reason all of our doors stay open. To our major funders, the Ministry of Community and Social Services and the Ministry of the Attorney General, thank you for supporting the work we do, especially during the unification process.

To our amazing 2016/17 Board of Directors: Shannon Wilson (Co-Chair), Jennifer Noel (Co-Chair), Kerry McGladdery Dent (Vice-Chair), Susan McGugan (Treasurer/Secretary), Janet Izumi, Ashna Ali, Julie White, Wendy Leslie, Karen Bellehumeur, Katrina Fortner, Nikita Miller, Sandy Jansen, and our advisors: Bo Lavrencic and Danielle Romanchik (United Way Young Leader). It is an honour to be in your company and thank you for being there to guide us toward a future without violence.

In closing, I would like to extend a heartfelt thank you to all staff and volunteers for walking this journey and for riding the enormous wave of change with us. And thanks to our community partners who have helped to shape our new organization. With all of us working together, our vision will be achieved.



Peace,

A handwritten signature in black ink, appearing to read 'Kate Wiggins'. The signature is stylized with a long, sweeping underline.

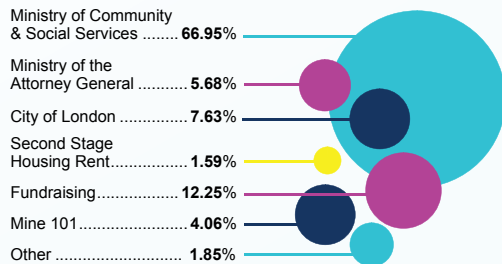
Kate Wiggins

Executive Director

2016-2017 Statistics

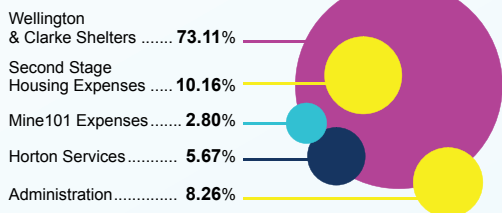
Total Residents	564
Number of Women.....	371
Number of Children.....	193
Women & Children Referred Elsewhere.....	123
Helpline calls.....	5501
Walk-Ins	1151
Second Stage Housing Tenants.....	32 women and 51 children
Transitional Outreach Clients	458 clients
Family Court Support Program.....	164 new clients, 224 total caseload
Community Group Program.....	42 children, 18 moms
Public Education/Workshops....	145 (1-3hr) workshops / 5000 people reached
Sexual Assault Counselling	615 women and girls
Youth Programming	83

REVENUE



Ministry of Community & Social Services	\$ 3,292,066
Ministry of the Attorney General	279,355
City of London	375,315
Second Stage Housing Rent	77,948
Fundraising	602,206
Mine 101	199,639
Other	370,266
Total Revenue	\$ 4,917,440

EXPENSES



Wellington & Clarke Shelters	\$ 3,729,789
Second Stage Housing Expenses	518,244
Mine101 Expenses	142,805
Horton Services	289,523
Administration	421,443
Total Expenses	\$ 5,101,806
Excess (Loss) Revenue over Expenses	\$ (184,366)

THESE FIGURES MAY NOT CORRESPOND TO AUDITED FINANCIAL STATEMENTS

This report is available, within a reasonable timeframe, in accessible formats for all abilities (large print, audio form, etc.) and may be ordered by contacting Pamela Coray at 519.642.3003 ext 2252 or pamelac@anovafuture.org.

Our Services

• Two Emergency Shelters

The Wellington Road Shelter (40 bed) and Clarke Road Shelter (27 bed) are high-security and universally accessible, providing crisis intervention counselling services for abused women and their children.

• Second Stage Housing

Offers independent apartments in the South London community. It is a rent-geared-to-income, 25-unit apartment complex, offering housing to women and children (usually for up to one year) who require safe, temporary housing while continuing to make changes in their life.

• The Transitional Outreach Program

Provides on-going assistance within the community. Counsellors meet clients in a place that is safe for them to discuss various topics such as individual safety plans, assisting with navigating the systems (legal, financial, housing, health, etc.), safe and affordable housing, connecting to resources and supports in the community, and advocacy and referrals.

• 24-Hour Helpline

Staffed by trained counsellors and volunteers – it provides telephone support, information, and local referrals for persons in crisis, 24 hours a day.

• Sexual Assault Counselling

Individual and group counselling available to female identified or gender non-conforming people 15 years of age or older, in London and Middlesex County, who have experienced childhood sexual and/or adult sexual assault.

• The Counselling & Support Centre

Professional counsellors are available to provide support and information for questions relating to abuse and the impact it may be having on someone's life. Risk assessment and safety planning are also available. Walk-in or by phone.

• Family Court Support Program

Provides assistance to victims of domestic violence or abuse going through the Family Court System by providing information about family law procedures, assistance in recording the history of abuse for court documentation, safety planning for court, accompaniment to court proceedings, and more.

• Community Group Program for Children

Provides an opportunity for children to begin to understand the abuse that happened in their family. Groups are offered for children aged 5-12, are free of charge, and are held in safe, accessible locations. Transportation is available. Moms/caregivers also have the opportunity to explore and reflect on how to support their children's healing.

Community Support Programs

- **Coming Out Over Coffee**

Drop-in chat and support group for people 19+ who identify as lesbian, gay, bisexual, trans, two-spirit, queer, or who are questioning.

- **Opening the Circle**

Peer-to-peer community support for individuals who have experienced sexual violence or sexual abuse.

- **Public Education**

Providing free workshops and training that explore all areas of sexual and domestic violence. Offered through presentations and displays for schools, post-secondary institutions, workplaces and community groups.

- **Girls Creating Change**

A discussion group for young women to take action in their own communities on gender violence and stereotypes. By building community, young women (13-25 years old) show that they are change makers in London and Middlesex County.

- **Man-Made**

A discussion group about sex, drugs, dating, drinking, pressures, gaming, sports, school, anger and porn. For males aged 13-25 in London and Middlesex County.

- **New Beginnings Loan Fund**

Interest-free loans that help women leaving abusive relationships to start rebuilding their lives.

- **Advocacy**

We work to educate and advocate to create *a future without violence* in London and Middlesex County.

24-Hour Helpline:

519-642-3000 • 1-800-265-1576

Emergency Shelters

101 Wellington Road
450 Clarke Road

Counselling Services & Business Office

255 Horton Street

Second Stage Housing

1416 Ernest Avenue

Mine101 - Social Enterprise Women's Wear Boutique

Proceeds help our children's programs.

900 Oxford Street E.
519.453.5550

anova

www.anovafuture.org

Every door is the right door.

**255 Horton Street
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Ph: 519.642.3003**

Find Anova and Mine101 on:



services available in multiple languages including ASL