

NEWSLETTER



The 1960's changed all the rules in society, fashion attitudes and, especially, music.

MARK JUNE 19th ON YOUR CALENDAR as Jean Meilleur, Katalin Kiss, David Blamires and the Grand House Party orchestra pay homage to the 3,653 days that gave rise to so many different genres and incredible musical acts that helped shaped the music industry today.

Early sixties rock and roll domination gave way to folk revival, girl groups, Phil Spector's wall of sound and Motown. On the West coast, the Beach Boys' path to eternal enlightenment was to catch a wave. The British invasion landed at JFK Airport February 7th, 1964. Two days later, the mop-topped lads from Liverpool appeared on the Ed Sullivan show. Overnight, Beatle bangs, Beatle boots, and Beatle jackets became the de rigueur.

In 1966 Haight-Ashbury, thousands flocked to the neighborhood's utopian allure for a Summer of Love, popularizing the hippie counterculture across North America.

London, England was *swinging*. Mary Quant was the personification of 60's mod with supermodels Jean Shrimpton and Twiggy as her muses. The Rolling Stones, the Kinks, the Who were achieving international success. The skirts got shorter. Men's hair got longer.

By late 1967, social change movements had erupted: civil rights, women's rights, anti-Viet Nam and the times they were a-changin'. The youth movement hitch hiked, crammed into VW buses or vans and made the rounds of outdoor rock concerts. Rolling Stones Brian Jones died July 3, 1969. One month later the Woodstock Music & Art Fair made history and its playlist would forever shape music to come.

Jimi Hendrix died September 18, 1970, followed by Janis Joplin October 4, 1970 and in 1970 the Beatles disbanded. The revolutionary sixties...the Big Bang!

Tickets for Grand House Party 13 are \$45 each, on sale now at www.grandhouseparty.ca or call the Grand Theatre box office at 519-672-8800. GROUP DISCOUNTS AVAILABLE through the Grand Theatre box office.

David Blamires

To learn about the benefits of sponsorship, contact Pamela Coray, Development Manager, at 519-642-3003 ext 2252 or at PamelaC@shelterlondon.org.



IN THIS ISSUE



Sunday, September 13, 2015



9th Annual Walk a Mile in Her Shoes

ARE YOU MAN ENOUGH?

...to join London's League of Extraordinary Gentlemen who collect pledges for the opportunity to prove they are man enough to walk one mile in red high heels and to demonstrate that men have the courage to say NO to violence against women... even if it involves blisters.

JOIN THE MOVEMENT!

...it's only two hours of your time on one day to make a really big difference the other 364 days and 22 hours of the year for abused women and their children. Once around Victoria Park! Bring the family! YOU CAN DO IT! There's food, free stuff and you may even win a prize. Walk alone or organize a team. The individual walker who collects the most pledges receives the Shoe-perman Award and the team that collects the most in pledges receives the coveted Shoe-be-do Trophy.

THIS YEAR'S GOAL IS \$60.000!

It's never too early to start collecting your pledges and organizing a team. It's simple! To start collecting pledges NOW, download a pledge sheet from www.walkamilelondon.ca, the London Walk a Mile website. This site opens June 7, 2015 for online registration and to reserve your red high heels. We can fit up to size 17 shoes.

LET THE 'HEELING' BEGIN...

These shoes are made for walking, that is, if you're man enough!



COMMUNITY CORNER

Women's Community House continues to celebrate all that our community does to support us in various ways throughout the year and through all the seasons.

SmartSmile Dentistry, Brightening Smiles at Women's Community

House

Dr. Yasaman Garakani and her team gave generously of their time and expertise to brighten smiles at Women's Community House. What an amazing day for the women



and children at our shelters. A day full of dentistry work including tooth restoration, cavity filling, cleanings and a number of root canal procedures was provided. Our women and children were served



with such loving care and compassion by the SmartSmile team. Smiles blossomed throughout the day! Our heartfelt thanks to Dr. Yasaman Garakani and her team for their most generous and kind-hearted gift

to our women and children. Thank you, SmartSmile Team!

March Break Camp

They called themselves the "Purple Unicorn Team". They were a group of six boys between the ages of 9 and 12 and they attended the Women's Community House Community Group Spring Camp over the 2015 March Break. It was a very active week of community events mixed in with group activities focused on their shared experiences of being exposed to violence and abuse in their homes. Over the five days, the children took turns being the "photographer for the day". They constantly took "selfies" together and they loved looking at all of the photos at the end of each day.

This was the first time we have introduced a "camp" through the Community Children's Program. All of the boys gave it an A^+ and wanted to know if they could come back to do it again.

One of the staff facilitators for the March Break camp commented, "The look on their faces when they realized everyone had been through hurting in their families was one I will never forget ... They saw that they were all the same and it was a beautiful moment."

Forever Grateful

Women's Community House's (WCH) Inventory Coordinator Sandie Micks knows better than anyone else within our organization how absolutely fortunate we are for the ongoing community support we receive from our very generous donors. Sandie receives, picks up, sorts and coordinates all the donations in kind that come to WCH (with help from other support staff, as needed, and volunteers), and she also delivers donations to our various locations. Sandie says, 'Every year, I am amazed at the amount of support we receive during our Festive Season from schools, groups, businesses and individuals that truly believe in the services and supports we provide. When our community comes together, the message is clear - the women that need our services are being supported in their decision to leave the abuse for a safe place for themselves and their children. Every donation makes an immediate impact on the women, children and staff at WCH".

Cheeky Monkey's very successful 8th annual Pictures with Santa event yielded both a financial gift and donations in kind. Marvel Beauty School generously donated financial proceeds from their "Hair Fantasy" fundraiser. Wortley Village Mrs. Clause (Heykel Kader) and Helfy provided 'Chores

for Change' to the neighbourhood during the 2014 Festive Season with collected donations arriving at WCH. *Tender Tootsies* recently answered the call for slippers that were in short supply at WCH, and responded with



a donation of eight cases of slippers for women and children in shelter. Women In Networking (W.I.N.) donated Easter bunnies for all the children in shelter for the 2015 Easter season. Forest City Tire Centre donated their service for the inspection of, and oil change for, our agency van. During the

handbag drive for Mine101, the staff at *Harrison Pensa* continued their ongoing support with a very generous donation of new and gently used handbags. Noted here is only a handful of businesses and individuals that have supported WCH through donations in kind or with financial gifts.

We add our heartfelt appreciation to Sandie's words, "Thank you for your continued support. We would not be able to provide the service that we do without you".

The Memphis Jam "Jams" for Women's Community House



The November 22nd Memphis Jam dance event was a sell out! The smooth vocals of Maria Piccoli got the evening underway with The Memphis Jam rockin' the house down throughout the evening. The dance floor was "jammed" and a fun evening was enjoyed by all. On entering The Aeolian Hall for this event, patrons were greeted with a wonderful plethora of donated items displayed beautifully to entice raffle ticket sales. Throughout the evening, enthusiastic volunteers encouraged attendees to "get their glow on" as with every raffle ticket sheet purchased they received a glow bracelet/necklace to light up their night! Thanks to generosity of our sponsors, donors and patrons the "glow" throughout the hall grew brighter and brighter. Our event raffle alone raised \$2,500! Community support and the generosity of Board of Director's member Jeff Wright and his band The Memphis Jam enabled us to fundraise over \$8,500 for Women's Community House (WCH). The proceeds from the event will truly help us make a difference in the lives of the abused women and their children that we serve. Thank you to everyone involved for making this such a successful evening.

From the

Executive Director

The Ontario government recently released their Sexual Violence action plan "It's Never Okay: AN ACTION PLAN TO STOP SEXUAL VIOLENCE AND HARRASSMENT". This set of measures will raise awareness, enhance prevention, change legislation and, most importantly, support victims of sexual violence and harassment. Perhaps some of you have seen the public awareness ads on television. For more information, visit www.ONTARIO.CA/ITSNEVEROKAY.

Our Women's Community House (WCH) Counselling & Support Centre (CSC) is midway through their one-year pilot project operating Monday to Friday from 10am to 5pm. When the CSC is not open, WCH shelter counsellors provide the needed support to walk-ins and helpline callers. In February alone, the CSC provided focused, confidential, one-on-one counselling support in person to 34 women and 144 helpline callers.

An increase in our government funding has been received in recognition and acknowledgement of the challenging and life-changing work our staff do on a daily basis. This increase comes in response to the funding freeze over the last five years. Thanks to the Ministry of Community and Social Services (MCSS) for recognizing the efforts of the Violence Against Women (VAW) sector and being so supportive of our work with women and children.



In last fall's newsletter, I introduced you to the newest member of our Development Team, Suzanne Fratschko-Elliott. Here is an update from Suzanne about what she has been up to: "Charitable Giving contributes substantially to the sustainability of Women's Community House and I, along with other members of the Development Team, am working to establish the Women's Community House Legacy Society. By encouraging our donors to "take the next step" and leave a gift to WCH through their Will, donors are leaving a legacy that will help us make strides to end woman abuse and the impact it has on families and our community. Legacy gifts have a lasting effect as the abused women and their children that we serve "take their first step" in their journey from fear to freedom. The month of May is Leave a Legacy month and I encourage you to consider making a difference in our community by planning a gift to WCH. Thank you to founding WCH Legacy Society members Jane Bigelow, Mary Di Salvo and Dorothy Wallis for their commitment and visionary support of our work through Legacy Giving."

As always, a huge thank you to all of our dedicated donors, hardworking staff and volunteers for all you do for us. We are forever grateful!

Peace, Kate Wiggins Executive Director

Our CONGRATULATIONS go to...

MINE101 on their 4th Anniversary

— and the -

Clarke Road Shelter on their 10th Anniversary





Women's Community House

Providing safe places
and services for
abused women and
their children

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WCH video on website a look inside the shelter

Research us at www.cra.gc.ca/donors



